PINE TREE CLUSTER SWIM LEAGUE RULES & Guidelines 2025-2026

A. PHILOSOPHY

In order to:

- Meet accepted YMCA program objectives

- Prepare our competitors for further swimming competitions

- Foster in our participants a healthy outlook on life

The League and its Teams must:

- Create a fair set of rules and enforce them firmly and consistently

- Seek out officials & coaches who will use every opportunity to demonstrate that

  fair, firm, and consistent rules are in the end better for everyone.

Recommendations

• YMCA teams support Maine YMCA meets first.

• Each team may award ribbons to other swimmers as it seems fit.

• During league meetings, the group follows Robert's Rules of order when an impasse

  occurs or issue is raised at the meeting.

Distribution

It will be the duty of the league coordinator(s) to make available at or as soon as possible after the fall meeting:

*One copy of these rules and one copy of the league directory to every Y which has a team in the league and have it posted on the web site.

B. GENERAL RULES

1. The rules of the USA Swimming Technical rules shall be the Official Rules of this League with the following additions and changes:

2. The water depth at the end of the pool where any swimmer starts from a block or the

deck may be no less than that recommended by the National YMCA Competitive Swimming and Diving Guidelines. If the water depth is less than recommended, swimmers must start in the water.

3. The eligibility of any swimmer to represent a YMCA shall be determined by the National Rules That Govern YMCA Competitive Sports and by the Local YMCA Board of Directors. The league commissioner, whose decision shall be final, will rule on any case in question. The penalty for allowing an ineligible swimmer to compete for points shall be disqualification of that swimmer in those events.

4. The Official Winter Swimming Season shall be from September 1st to April 30th. The Summer Swimming Season shall be from May 1st to August 31st.

5. A swimmer's age group for winter competition shall be determined by his or her age on December 1st of the current season except when meet information indicates an alternate date. A Swimmer's age group for summer competition shall be determined by his or her age on the first day of the meet in question.

a. The 8 & Under Division shall consist of competitors aged 8 & under.

b. The 9 &10 Division shall consist of competitors aged 10 & under.

c. The 11 & 12 Division shall consist of competitors aged 12 & under.

d. The 13 & 14 Division shall consist of competitors aged 14 & under.

e. The Senior Division shall consist of competitors who are aged 12 or over on the 1st day of that season's Short Course National Championships but less than age 21 on the day of competition, who have not represented any scholastic institution beyond grade 12 in competitive swimming.

f. Open Division is available to all eligible swimmers.

The League Commissioner, whose decision shall be final, will rule on any case in question. The penalty for allowing a swimmer to compete in an age group in which he or she is not eligible to compete shall be forfeiture of all points earned by the offending team in those events of the meet in question.

6. The League shall maintain records for 8 & under, 9 & 10, 11 & 12, 13 & 14, 15 – 18 and Senior. Records will be maintained for all events in the League Event List and for any other events in which records are kept by the National YMCA. Records may be established only in YMCA competition, sanctioned or approved by the League Coordinator and only in the event, distance, and stroke actually contested, except that the first swimmer on a relay

team may establish a record as specified in the regular Rules 104.2.1 parts D & E. The Cluster Coordinator(s) will rule on any record or performance in question.

a. A separate set of short course Yards, short course meters and long course meter records will be maintained.

b. In to establish a State Record, electronic or 3 stopwatch timing must be used.

c. Coach or a team representative of the new record must submit to the records chair all pertinent information on the record in question.

7. Any amendment, change, addition. or deletion to the General Rules, the League Meets Rules, or the Championship Meet Rules, must be proposed and adopted at the Spring League Meeting, and must be adopted again at the Fall League Meeting in order to become official.

8. Each team present at the meeting shall have one vote. If there is a tie vote, the motion fails.
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9. Each swimmer that is eligible to compete at that seasons Maine Y-state meet that qualifies for and competes at Winter and/or Summer Nationals in an individual event will receive a reimbursement of up to $250 per swimmer or a max of $4,000 ($3000 for winter, $2000 for summer) throughout the league. Payable to the athlete's team (if sufficient funds are available).

C. LEAGUE MEETS - WINTER SEASON

1. **Dual Meet definition:** A dual meet is defined as a scored meet between 2 different Y teams that use a uniform order of events as presented by the league unless both coaches agree.

Closed Meet definition: A closed meet is a Y meet set-up between 2 or more Y teams using a nondual meet order of events with the list of event files as provided by the league and non-scoring. Adjustment in order of events can be made as long as all coaches agree.

Open/Invitational Meet definition: An open/invitational meet is a Y meet with no pre-set criteria for competition and no scoring except for what is in the meet information.

Double Dual/Triple Meet: A scored meet between 3 or 4 teams that compete at the same time but are scored as 3 dual meets (1v2, 1v3, 2v3) that use a uniform order of events as presented by the league unless all coaches agree.

If the Schedule is not accepted and if no alternative is agreed upon, the submitted Schedule shall be the official League Schedule for that season. The League Commissioner will attempt to arrange equal numbers of home and away dual meets and to alternate home and away meets from year to year by order of State Meet finish. Once the League Schedule is published each team must swim all scheduled dual meets unless the team is

released by the Cluster Coordinator(s), or the meet is canceled due to weather or extenuating circumstances.

2. Each competitor shall be allowed to compete to score in three events including relay at dual meets. All subsequent events must be exhibition. For closed meets swimmers shall be allowed to swim in no more than four events. This rule may be waived if all coaches agree, but if there is no agreement the Referee shall enforce this rule as written.

3a. All Meets: The host coach must contact the visiting coach to discuss relevant information by 5:00 pm on Wednesday before the meet. The visiting coach must send his or her full Meet Entry and Team Roster (also from Hy-Tek Team Manager - with Seed Times) to the host coach by 9:00 PM on the Thursday before the Meet. remove-The host team must e-mail the Meet Manager Back-Up to the visiting coach if requested. Any changes after that time must be submitted in writing at the meet by (on the form provided if there is one) or to the Scorer's Table prior to the beginning of the event or by
confirmed email prior to the meet.

3b. Closed Meets:

1. Sessions are limited to 4 hours (warmups are not included)

2. 400IM, 500, 1,000 & 1,650 are not included in the timeline

   All cuts will be made in the following format

3. All exhibition swims are cut first

4. Last team in the meet is cut first

5. Host team will communicate the warmup schedule to teams entered in the meet. For all disqualifications, results must have the Hy-tek DQ code identifying the DQ or provide a DQ slip to the coach.

6. For Dual Meets: Scoring shall be 9,4,3,2,1 for individual events and 11,4,2 for Relays. Max 3 scoring swimmers per team per individual event and top 2 relay teams per team in relay event.

7. Every League meet must have officials as indicated by the Current National YMCA Swimming and Diving Black Book. If the host team does not have a Certified Official as the Referee, the visiting team will have the right to designate a Referee. The League Commissioner will rule on any case in question, and failure to allow the visiting team to execute its rights will cause the host team to forfeit the meet. If the host team is unable to secure a Certified Official, they shall inform the visiting coach in advance.

8. In all League meets there must be electronic timing, or three watches on the first and second place swimmers and at least one watch on each of the other lanes. If either team requests three watches on every lane and can furnish watches and timers, the Referee shall allow the request and will set up the timing accordingly.

9. When touch pads are used – for all 8 & under & 9-10 events available touchpad times will be used unless the back-up button time is faster by .3 seconds or more, in which case the button time will be used. For all 11-12, 13-14 and Senior events the USA Swimming rule will apply as written.

10. Awards for open/closed meets will be stated in the Meet Announcement.

11. The host team shall send a complete set of meet results to the Results Chair (according to his or her instructions), the webmaster and to the visiting team in Meet Manager Backup within 1 business day of the end of the meet. If meet results are not sent, the meet will not count as a meet for the host team but would count for the visiting team unless there are extenuating circumstances. All times will be valid.

    11A. The Order of Events for all League Dual Meets will be listed in these rules and will include all listed events. Scoring will be done on the 88-event format on page ?.

    11B. The Order of Events for all League Closed Meets is determined by the host club. Scoring is not required for closed meets.

Dual Meet - STANDARD ORDER OF EVENTS

Format 1	Format 2
1. 8 & Under Girl 100 Free Relay	1. 8 & Under Girl 100 Free Relay
2. 8 & Under Boy 100 Free Relay	2. 8 & Under Boy 100 Free Relay
3. 10 & under Girl 200 Med. Relay	3. 10 & under Girl 200 Med. Relay
4. 10 & under Boy 200 Med. Relay	4. 10 & under Boy 200 Med. Relay
5. 11 & 12 Girl 200 Med. Relay	5. 11 & 12 Girl 200 Med. Relay
6. 11 & 12 Boy 200 Med. Relay	6. 11 & 12 Boy 200 Med. Relay
7. 14 & under Girl 200 Med. Relay	7. 14 & under Girl 200 Med. Relay
8. 14 & under Boy 200 Med. Relay	8. 14 & under Boy 200 Med. Relay
9. Senior Girl 200 Med. Relay	9. Senior Girl 200 Med. Relay
10. Senior Boy 200 Med. Relay	10. Senior Boy 200 Med. Relay
11. 8 & Under Girl 25 Free	11. 8 & Under Girl 25 Free
12. 8 & Under Boy 25 Free	12. 8 & Under Boy 25 Free
13. 11 & 12 Girl 200 Free	13. 8 & Under Girl 100 I.M.
14. 11 & 12 Boy 200 Free	14. 8 & Under Boy 100 I.M.
15. 13 & 14 Girl 200 Free	15. 9 & 10 Year Old Girl 100 I.M.
16. 13 & 14 Boy 200 Free	16. 9 & 10 Year Old Boy 100 I.M.
17. Senior Girls 200 Free	17. 11 & 12 Girl 100 I.M.

18. Senior Boys 200 Free
19. 8 & Under Girl 25 Fly
20. 8 & Under Boy 25 Fly
21. 8 & Under Girl 50 Free
22. 8 & Under Boy 50 Free
23. 9 & 10 Girl 50 Free
24. 9 & 10 Boy 50 Free
25. 11 & 12 Girl 50 Free
26. 11 & 12 Boy 50 Free
27. 13 & 14 Girl 50 Free
28. 13 & 14 Boy 50 Free
29. Senior Girl 50 Free
30. Senior Boy 50 Free
31. 8 & Under old Girl 25 Back
32. 8 & Under Boy 25 Back
33. 9 & 10 Girl 50 Fly
34. 9 & 10 Boy 50 Fly
35. 11 & 12 Girl 50 Fly
36. 11 & 12 Boy 50 Fly
37. 13 & 14 Girl 100 Fly
38. 13 & 14 Boy 100 Fly
39. Senior Girl 100 Fly
40. Senior Boy 100 Fly
41. 8 & Under Girl 25 Breast
42. 8 & Under Boy 25 Breast
43. 9 & 10 Girl 100 Free
44. 9 & 10 Boy 100 Free
45. 11 & 12 Girl 100 Free
46. 11 & 12 Boy 100 Free
47. 13 & 14 Girl 100 Free
48. 13 & 14 Boy 100 Free
49. Senior Girl 100 Free
50. Senior Boy 100 Free
51. 8 & Under Girl 100 Med. Relay
52. 8 & Under Boy 100 Med. Relay
53. 9 & 10 Girl 50 Back
54. 9 & 10 Boy 50 Back
55. 11 & 12 Girl 50 Back
56. 11 & 12 Boy 50 Back
57. 13 & 14 Girl 100 Back
58. 13 & 14 Boy 100 Back
59. Senior Girl 100 Back
60. Senior Boy 100 Back
61. 9 & 10 Girl 50 Breast

18. 11 & 12 Boy 100 I.M.
19. 13 & 14 Girl 200 I.M.
20. 13 & 14 Boy 200 I.M.
21. Senior Girl 200 I.M.
22. Senior Boy 200 I.M.
23. 8 & Under Girl 25 Fly
24. 8 & Under Boy 25 Fly
25. 9 & 10 Girl 50 Free
26. 9 & 10 Boy 50 Free
27. 11 & 12 Girl 50 Free
28. 11 & 12 Boy 50 Free
29. 13 & 14 Girl 50 Free
30. 13 & 14 Boy 50 Free
31. Senior Girl 50 Free
32. Senior Boy 50 Free
33. 8 & Under Girl 25 Back
34. 8 & Under Boy 25 Back
35. 9 & 10 Girl 50 Fly
36. 9 & 10 Boy 50 Fly
37. 11 & 12 Girl 50 Fly
38. 11 & 12 Boy 50 Fly
39. 13 & 14 Girl 100 Fly
40. 13 & 14 Boy 100 Fly
41. Senior Girl 100 Fly
42. Senior Boy 100 Fly
43. 8 & Under Girl 25 Breast
44. 8 & Under Boy 25 Breast
45. 11 & 12 Girl 100 Free
46. 11 & 12 Boy 100 Free
47. 13 & 14 Girl 100 Free
48. 13 & 14 Boy 100 Free
49. Senior Girl 100 Free
50. Senior Boy 100 Free
51. 8 & Under Girl 100 Med. Relay
52. 8 & Under Boy 100 Med. Relay
53. 9 & 10 Girl 50 Back
54. 9 & 10 Boy 50 back
55. 11 & 12 Girl 50 Back
56. 11 & 12 Boy 50 back
57. 13 & 14 Girl 100 Back
58. 13 & 14 Boy 100 Back
59. Senior Girl 100 Back
60. Senior Boy 100 Back
61. 9 & 10 Girl 50 Breast

62. 9 & 10 Boy 50 Breast	62. 9 & 10 Boy 50 Breast
63. 11 & 12 Girl 50 Breast	63. 11 & 12 Girl 50 Breast
64. 11 & 12 Boy 50 Breast	64. 11 & 12 Boy 50 Breast
65. 13 & 14 Girl 100 Breast	65. 13 & 14 Girl 100 Breast
66. 13 & 14 Boy 100 Breast	66. 13 & 14 Boy 100 Breast
67. Senior Girl 100 Breast	67. Senior Girl 100 Breast
68. Senior Boy 100 Breast	68. Senior Boy 100 Breast
69. 9 & 10 Girl 200 Free Relay	69. 9 & 10 Girl 200 Free Relay
70. 9 & 10 Boy 200 Free Relay	70. 9 & 10 Boy 200 Free Relay
71. 11 & 12 Girl 200 Free Relay	71. 11 & 12 Girl 200 Free Relay
72. 11 & 12 Boy 200 Free Relay	72. 11 & 12 Boy 200 Free Relay
73. 13 & 14 Girl 200 Free Relay	73. 13 & 14 Girl 200 Free Relay
74. 13 & 14 Boy 200 Free Relay	74. 13 & 14 Boy 200 Free Relay
75. Senior Girl 200 Free Relay	75. Senior Girl 200 Free Relay
76. Senior Boy 200 Free Relay	76. Senior Boy 200 Free Relay
77. Senior Girl 400 IM	77. Senior Girl 500 Free
78. Senior Boy 400 IM	78. Senior boy 500 Free

88 EVENT LIST FOR REGULAR LEAGUE MEETS

Event No. For Girls	Event	Event No. for Boys
1	8 & U 100-yard Medley Relay	2
3	9- & 10 200-yard Medley Relay	4
5	11- & 12 200-yard Medley Relay	6
7	13- & 14 200-yard Medley Relay	8
9	Senior 200-yard Medley Relay	10
11	11- & 12 200-yard Freestyle	12
13	13- & 14 200-yard Freestyle	14
15	Senior 200-yard Freestyle	16
17	8 & U 100-yard Ind. Medley	18
19	9- & 10 100-yard Ind. Medley	20
21	11- & 12 100-yard Ind. Medley	22
23	13- & 14 200-yard Ind. Medley	24
25	Senior 200-yard Ind. Medley	26
27	8 & U 25-yard Freestyle	28
29	9 & 10 50-yard Freestyle	30
31	11 & 12 50-yard Freestyle	32
33	13 & 14 50-yard Freestyle	34
35	Senior 50-yard Freestyle	36
37	8 & U 25-yard Butterfly	38
39	9 & 10 50-yard Butterfly	40
41	11 & 12 50-yard Butterfly	42
43	13- & 14 100-yard Butterfly	44

45	Senior 100-yard Butterfly	46
47	8 & U 50-yard Freestyle	48
49	9- & 10 100-yard Freestyle	50
51	11- & 12 100-yard Freestyle	52
53	13- & 14 100-yard Freestyle	54
55	Senior 100-yard Freestyle	56
57	Senior 500-yard Freestyle	58
59	8 & U 25-yard Backstroke	60
61	9 & 10 50-yard Backstroke	62
63	11 & 12 50-yard Backstroke	64
65	13- & 14 100-yard Backstroke	66
67	Senior 100-yard Backstroke	68
69	8 & U 25-yard Breaststroke	70
71	9 & 10 50-yard Breaststroke	72
73	11 & 12 50-yard Breaststroke	74
75	13- & 14 100-yard Breaststroke	76
77	Senior 100-yard Breaststroke	78
79	8 & U 100-yard Freestyle Relay	80
81	9- & 10 200-yard Freestyle Relay	82
83	11- & 12 200-yard Freestyle Relay	84
85	13- & 14 200-yard Freestyle Relay	86
87	Senior 200-yard Freestyle Relay	88

STATE MEET – ORDER OF EVENTS

Event # For Girls		Event Event # For Boys
Friday, Session 1		Saturday, Session 4
1	Senior 200 Yard Medley Relay	46
2	13- & 14 200-Yard Medley Relay	47
3	Senior 200 Yard Freestyle	48
4	13 & 14 200 Yard Freestyle	49
5	Senior 200 Yard Individual Medley	50
6	13 & 14 200 Yard Individual Medley	51
7	Senior 50 Yard Freestyle	52
8	13 & 14 50 Yard Freestyle	53
9	Senior 100 Yard Butterfly	54
10	13 & 14 100 Yard Butterfly	55
11	Senior 100 Yard Freestyle	56
12	13 & 14 100 Yard Freestyle	57
13	Senior 500 Yard Freestyle	58
14	13- & 14 100-Yard Backstroke	59
15	Senior 100 Yard Backstroke	60

16	13- & 14 100-Yard Breaststroke	61
17	Senior 100 Yard Breaststroke	62
18	13- & 14 200-Yard Freestyle Relay	63
19	Senior 200 Yard Freestyle Relay	64
20	Open 200 Backstroke non-scoring	65
21	Open 200 Breaststroke non-scoring	66
22	Open 200 Butterfly non-scoring	67
23	Open 400 Med Relay non-scoring	68

Saturday, Session 3		**Sunday, Session 5**
38	9- & 10 200-Yard Medley Relay	70
39	9 & 10 100 Yard Individual Medley	72
40	9 & 10 50 Yard Freestyle	74
41	9 & 10 50 Yard Butterfly	76
42	9 & 10 100 Yard Freestyle	78
43	9 & 10 50 Yard Backstroke	80
44	9 & 10 50 Yard Breaststroke	82
45	9- & 10 200-Yard Freestyle Relay	84

Sunday, Session 6		**Sunday, Session 5**
86	11- & 12 200-Yard Medley Relay	69
87	11 & 12 200 Yard Freestyle	71
88	11 & 12 100 Yard Individual Medley	73
89	11 & 12 50 Yard Freestyle	75
90	11 & 12 50 Yard Butterfly	77
91	11 & 12 100 Yard Freestyle	79
92	11 & 12 50 Yard Backstroke	81
93	11 & 12 50 Yard Breaststroke	83
94	11- & 12 200-Yard Freestyle Relay	85
95	Boys 200 Free Relay Time Trial	
96	Girls 200 Free Relay Time Trial	
97	Boys 200 Med Relay Time Trial	
98	Girls 200 Med Relay Time Trial	

Saturday, Session 2		**Saturday, Session 2**
24	8 & U 100 Yard Medley Relay	25
26	8 & U 25 Yard Freestyle	27
28	8 & U 25 Yard Breaststroke	29
30	8 & U 25 Yard Butterfly	31
32	8 & U 50 Yard Freestyle	33
34	8 & U 25 Yard Backstroke	35
36	8 & U 100 IM	37
38	8 & U 100 Yard Freestyle Relay	39

D. CHAMPIONSHIP - WINTER SEASON

1. The eligibility of a team/swimmer to compete in the Championship Meet will be determined by applicable State and National YMCA regulations. The League Commissioner will rule on any case in question. That ruling will be final.

2. Every swimmer must swim in at least three League Meets, contested on separate dates, in the current winter season in order to be eligible to swim in the current Winter Championship Meet. In order to qualify as a League Meet, a meet must be on the League Schedule issued by the League Commissioner or must be a make-up of one on the League Schedule, or must be approved by the Commissioner by December 31 of current season. Virtual meets cannot count toward a swimmers 3 meets required to be eligible for that season's state meet. The League Commissioner will rule on any cases In question. Only if a coach notifies the League Commissioner within 48 hours after the last sanctioned League Meet of the season and only in extenuating circumstances, may the League Commissioner waive this rule. The Commissioner decision will be final. The Commissioner will notify all coaches of all waivers before State Meet Entries are due. Time trials swum at a regular schedule meets does not count towards the 3 meet rule.
3. All other problems (except eligibility questions noted above) relating to the entry process or the conduct of the meet will be decided by the Championship Meet Committee. Their decision will be final. The Championship Meet Committee in any session will consist of the Meet Director (s, the Referee (s), and the Official Starter(s) for the Championships and a Coach and an Alternate Coach who will be elected at the January Meeting. The Alternate Coach will serve if the primary Coach's team is involved. It should be noted that not all members of the Meet Committee might be present during any one day of the Competition, and that therefore a majority of those in attendance will be adequate to resolve any problem arising during the competition.

4. The Championship Meet Committee may issue further detailed instructions, if necessary, regarding the use of the State Meet Facility.

5. Team Entries must be created by a Hy-Tek Windows Team Manager and must be sent as a Hy-Tek Entry File by e-mail to the Seeding Chair & League Commissioner, as follows: (Specific date timeline is established in January). NOTE* need to define entry deadlines for states
   a. Rosters/Entries due 5 days before the state meet?
   b. 24 hrs for corrections? / Entry confirmation?
   c. Psych sheets?
   d. Parent info? one month prior
   e. Paperwork: Declaration form, Insurance, Volunteers, Award nom, Senior bio's, officials' certs,?

6. Each team may enter an unlimited number of swimmers in individual events. Each swimmer may enter a maximum of three events. A team may enter eligible swimmers as exhibition competitors in National YMCA Nation Championship meet Qualifying Events provided: The team coach makes a request to the meet committee; the event is swum only once, and the time is close to qualifying. The team coach arranges sufficient timers. The time trial will be held as follows: Boy time trial at the beginning of the 13 & over girls' session, a girls time trial at the beginning of 13 & over boys' session.

7. Swimmers who are left off Entries or from a complement of 3 events may be added at the meet director's discretion, only as Non-scoring Exhibition Competitors for that event, only in empty lanes in existing heats, and at a cost of $25 per swimmer per event. Any swimmer affected by a relay scratch will be allowed to compete in empty lanes in existing heats for no cost. These swims are non-scoring.

8. The Meet Directors will have the authority to ban from the rest of the Meet any Individual(s) who vandalizes any part of the host facility or who disobeys rules and regulations regarding its use.

9. Place judging for the Championship Meet shall be by Modified Ballot unless an automatic timing and judging system is used. All 8 and Under Events will use three buttons instead of touch pads as the primary finish. For all 9 & 10, and 11 & 12 Events available touchpad times will be used unless the back-up button time is faster by 0.3 seconds or more, in which case the button time will be used. For all 13 & 14 and Senior Events the USA Swimming rule will apply as written.

10. There will be no penalty for missing an event except for that event. NS will indicate a no show instead of a disqualification. Missing an event will count as an entered event but there will be no further penalty for the meet. For all disqualifications, results must have the Hy-tek DQ code identifying the DQ.

11. All Events will be run as timed finals.

12. Each team may enter unlimited relay teams in each relay event, but only the highest placed relay team may score. If a relay team places but does not score, it will receive the awards for that place. The team coach shall designate the four swimmers assigned to swim on each relay team by listing their names on the meet Entry file. As many times as needed, a coach may scratch an individual event for any swimmer needed to fill out a relay, provided that one or more of the swimmers scheduled for that relay is scratched from the meet.

13. Scoring shall be for sixteen places as in the regular rules. Relays have a value of four times an individual event.

14. Appropriate awards will be awarded to the top eight finalists in each event. Ribbons will be awarded to ninth through sixteenth places. Heat Winner ribbons will be awarded to all Heat Winners. Teams will be given 1-state meet participant award for each swimmer entered into the meet.

15. Team awards will be presented to the winning Girls' Team, Boys' Team, and Combined Team in each of the following Age Groups: 8 and under, 9&10, 11&12, 13&14, Senior, and Over-All. In addition, an award will be presented to the Runner-Up and Combined Over-All Team.

16. For each age group the order of events will be as listed in the State Meet Order of Events on these Rules.

17. Awards will be presented at the State Meet to the YMCA Citizen for a Boy and Girl participant, Volunteer of the Year and to the D. Jay Morissette YMCA Coach of The Year.

18. The recipient of the Thomas “Tom” Manduca YMCA Citizen Boy & Girl will receive a $500.00 award payable to the recipients’ choice of charity.

Anti-Recruiting Policy
Active recruiting – the solicitation of an athlete from one YMCA swim team by another YMCA swim team – is contrary to the best interests of the Pine Tree Swim League and its members.

YMCA Swim teams within the Pine Tree Swim League shall be prohibited from directly or indirectly soliciting or encouraging an athlete of another YMCA Swim team to leave his or her existing team to join the soliciting team. This anti-recruiting policy shall prohibit a YMCA swim team officer, employee, or coach from directly or indirectly initiating contact with an athlete from another YMCA swim team in the Pine Tree Swim League, or the athlete’s family, with the intent that the athlete joins the soliciting team.

For any new YMCA swim team, conduct in violation of this rule in the year prior to becoming a YMCA swim team may result in the sanctions provided herein.

The intent of this anti-recruiting policy is to prevent organized and team sanctioned efforts to persuade a member of one YMCA swim team to leave his or her team to join the other team. It is not the intent of this anti-recruiting policy to prevent athletes or parents of athletes of one team from initiating contact with coaches, officials, or athletes of another team for the purpose of inquiring about joining the other team. Once such contact is initiated, the restrictions of this anti-recruiting policy shall not apply to any contact with that athlete or family by that team. Nor is it the intent of this anti-recruiting policy to prevent athletes or parents of athletes from different teams from discussing any aspect of their respective YMCA swim teams, or incidental contact, such as may occur at a competition when a coach, parent, or athlete of one team offers to congratulate an athlete from another

team. However, any such activities which are shown to have been promoted, encouraged or facilitated by a YMCA swim team officer, employee, or coach with the intent of recruiting shall be in violation of this anti-recruiting policy and subject the team and/or its coach to the sanctions of this anti-recruiting policy.

Nothing in this anti-recruiting policy shall prevent a YMCA swim team from conducting self-promotional activities such as advertising, team tryouts or camps for the purpose of recruiting athletes, as long as there is no direct solicitation of athletes of another team.

**Violation of this anti-recruiting policy may be reported to the Pine Tree Swim League Commissioner which, upon review of the complaint by committee (Commissioner, a CEO and one league Coach), Any YMCA coach found to have violated this anti-recruiting policy may be suspended from the Pine Tree League Championship meet for up to one year for a first offense and for up to two years for a second or subsequent offense. Suspension of a member coach for violation of this anti-recruiting policy shall not prohibit the registration of the team, athletes or coaches.*